



Puffin Magic Foundation Appeal to support James Gribble

On 1 November 2008 James Gribble had a freak accident while travelling in Africa. It resulted in severe spinal damage, leaving him a quadriplegic.

The Puffin Magic Foundation (PMF) was founded with the goal of supporting James throughout his rehabilitation.

That's where you can help. The PMF requests your support in the form of a donation that is tax deductible for Australian residents. Your donation will assist in James' rehabilitation by funding the therapies, equipment and associated support services that will give him the best shot at recovery.

James' accident

In a recent trip to Africa James travelled to a remote island on the Zambezi River in Zambia to fish for the prized tiger fish. Following a long run James fainted while sitting on a stool, falling backwards and landing on his head on the hard sand.

The result was catastrophic. James broke his C4 and C5 vertebrae and suffered severe bruising to his spinal cord. James was left with voluntary movement only above his shoulder. Due to the remoteness and inaccessibility of the location, it was 30 hours before James reached fully qualified medical care. This delay worsened his condition by causing fluid to collect in his lungs, leading to respiratory and other complications.

James was airlifted to hospital in Johannesburg. After five weeks in intensive care he was considered stable enough to fly back to Australia. James spent a short time in the Royal North Shore Hospital Spinal Unit before being transferred to the Moorong Unit of the Royal Rehabilitation Centre in Ryde, Sydney for intensive rehabilitation.

The focus of James' treatment is intensive physiotherapy, hydrotherapy, massage and stretching, in the hope of restoring as much neurological and mechanical function as possible. His rehabilitation at Moorong continues, however, as beds in the public health system are limited, it is likely he will return to the family home within the next few months.

The future for James

James' condition is classified by his medical team as complete quadriplegia. This means that, while James has partial movement in some parts of his body, the prognosis at present is that he will not regain full use of his body function below his shoulders. Through sheer determination and tireless hard work on the part of James and his family, James has already made significant improvements in functionality and sensitivity. His attitude and dedication are inspirational and he has become a beacon to others around him embarking upon a similar journey. The Foundation's aim is to support James every step of the way through whatever may lie ahead.

The Puffin Magic Foundation

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Trustees: Bob Allen (Chairman), John Fenton (Treasurer), Brad Wheaton (Secretary), Angus McGeoch

Though the cost of rehabilitation is subsidised by the government to a limited extent, there remains a substantial cost for treatment and rehabilitation equipment. As James was living in the U.K. prior to his accident, he was not covered by private health insurance. Along with his physical rehabilitation, there are several changes needed to be made to his home and a vehicle to accommodate his wheelchair.

How you can help James

There are a number of ways you can help. James' medical team have provided advice on the most effective treatments and there are several items of equipment considered critical to his rehabilitation. To enable James to live with as much independence as possible there are home modifications and wheelchair enabled vehicles that can also help.

The PMF has estimated some of the foreseeable costs of rehabilitation services and equipment, and home modifications. There is also the need to provide James with ongoing medical and carer support in the long-term. The PMF hopes that over and above providing the services and equipment needed immediately, it will be able to set aside a fund to generate income for James' ongoing rehabilitation and care.

With your help the Puffin Magic Foundation Appeal will fund the purchase of the items summarised below and get them to James as soon as possible.

PMF APPEAL TARGET		
Rehabilitation Services	ESTIMATE \$	230,000
Physiotherapy		
Hydrotherapy		
Massage therapy		
Intensive Rehab Centre visits Melbourne/US		
Alternative therapies		
Rehabilitation Equipment	ESTIMATE \$	100,000
Handicap car		
Self-powered Wheelchair		
Wheelchair Accessories		
Motomed		
Hoist and slings		
Bathroom Commode		
Pulleys and Gym accessories		
Home Modifications	ESTIMATE \$	220,000
Elevator		
Bathroom modification		
Rehabilitation Gym Equipment		
Ramps and Doorway Modification		
Fund for ongoing support	UNSPECIFIED	
Carers		
Ongoing medical support		
APPEAL TARGET		\$ 550,000

Those who have had any involvement with James will know what an incredibly inspiring, fun and positive person he is. For many of us, supporting James at this most trying time in his life is a small way of returning the warmth, generosity and consideration he extends to all the people in his life.

To make a donation

To make a donation please go to www.puffinmagic.org.au and choose from the donation methods below, or contact the PMF for assistance by emailing info@puffinmagic.org.au.

AUSTRALIAN RESIDENTS (donations are tax-deductible)

1. Direct Bank Deposit- preferred
2. Cheque
3. **PayPal** Online donation
Fees of 2-3.5% deducted from the donation.

UK RESIDENTS

1. Direct Bank Deposit- preferred
Into James Gribble's UK account for forwarding to the PMF.
2. Cheque
To James Gribble's UK account for forwarding to the PMF.
3. **PayPal** Online donation
Fees of 4-5% deducted from the donation.

OTHER INTERNATIONAL RESIDENTS

1. Direct Bank Deposit- preferred
Into the Puffin Magic Foundation's Australian account by international funds transfer.
2. **PayPal** Online donation
Fees of 4-5% deducted from the donation.

Keeping in touch and volunteering your support

The PMF provides those who take an active interest in James' progress a way to keep in touch. James posts a weekly update to the website detailing his progress and condition and includes a few photos. If you would like to register as a supporter of the PMF, to offer a hand organising fundraising events or to find out other ways that you can make a contribution, please visit the website.

For further information and to find out why we are called the "Puffin Magic Foundation" please visit the website at www.puffinmagic.org.au

Thank you. Your support is so important to our quest to help our dear friend James.

The Puffin Magic Foundation Trustees (Australia)

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